



**FIT KIDS AMERICA IS BACK  
AT  
BARNARD ELEMENTARY!!!!  
RAIN OR SHINE!!  
MONDAYS & TUESDAYS  
SEPTEMBER 11<sup>th</sup> – OCTOBER 31<sup>st</sup>  
2:15 - 3:15 p.m.**

**BASKETBALL/BRAZILIAN SOCCER /TENNIS/PICKLEBALL**

**Tennis/Pickleball (Grades K-5) - \$159**

**8 classes**

Tennis/Pickleball class incorporates the fundamentals of gripping the racket/paddle, proper stance, backhand, forehand, footwork, serving and incorporating games, competition, and live matches.

**Monday September 11<sup>th</sup> – October 30<sup>th</sup>**

**2:15 pm – 3:15 pm**

**Brazilian Soccer/Basketball (Grades K-5) - \$159**

**8 classes**

Basketball teaches the basic mechanics of dribbling, passing, and shooting with real time game situations in each class. Brazilian Soccer brings a new twist to soccer that allows all participants to gain a complete understanding of the fundamentals and rules of soccer. It's a wonderful combo class that develops multiple coordination skills.

**Tuesday September 12<sup>th</sup> – October 31<sup>st</sup>**

**2:15- 3:15 pm**

*Ask your coach about military, sibling discounts.*

**Register on-line @ [www.fitkidsamerica.org](http://www.fitkidsamerica.org)**

**For any questions call:**

**Dennis Perry (858) 429-8275**

**[djlightning93@gmail.com](mailto:djlightning93@gmail.com)**

**PLEASE DO NOT GIVE THIS FORM TO YOUR SCHOOL OFFICE OR TEACHERS**

***\*Kindergarten Students will be picked up by the FKA Instructor\****

**Students Grades 1-5 will meet their FKA instructor near the office**